

# City of Saint Peter Recreation & Leisure Services

## ACTIVITIES

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(507) 934-0667

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## WINTER/SPRING ACTIVITIES 2005

## RECREATION HOTLINE

934-0070

CANCELLATIONS

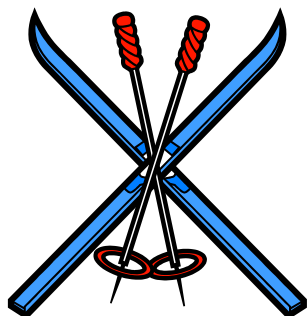
SCHEDULES

UPDATES

Saint Peter Community Center,  
Suite 200  
600 South Fifth Street



# Recreation & Leisure Services



Saint Peter Community Center

Suite 200

600 South 5th Street

Saint Peter, MN

(507) 934-0667

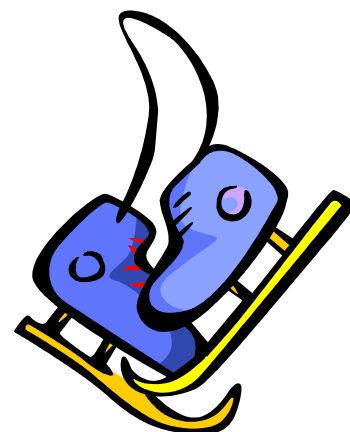
Fax: (507) 934-1204

[www.saintpetermn.gov](http://www.saintpetermn.gov)

## OFFICE HOURS

Monday — Friday

8:00 am — 5:00 pm



## Staff Directory

Jane Timmerman .....Department Director

Barb Meyer .....Secretary

Dan Ehrke .....Program Supervisor

Pat Rosenow .....Public Access Coordinator

Doug Wolfe .....Lead Librarian

Sylvia Perron .....Senior Center Coordinator

Anissa Sandland .....Community Center Caretaker

## REGISTRATION INFORMATION

### REGISTRATION

Register in person at the Recreation Office or mail in the registration form found on page four. We do not accept phone registrations. Make checks payable to City of St. Peter. No person shall be denied participation in any recreation program because of financial reasons (excludes trips).

**RESIDENT** - Any person residing within the official city limits of Saint Peter.

**NON-RESIDENT** - Any person residing outside the official city limits of Saint Peter.

### CANCELLATIONS

The department reserves the right to cancel any program or activity due to insufficient enrollment or inclement weather. A refund check will be mailed to you or we will credit your account upon cancellation. Call the REC Hotline at 934-0070 for cancellations.

### REFUNDS

If it becomes necessary for you to withdraw from a program, the REC Department will refund the fee or credit your account if done at least one week before the activity begins or before the deadline. Please call the Recreation Office to alert us to this fact and you will be refunded through the mail.

A special thank you to KRBI & the St. Peter Herald for publicizing REC events!

# 2005 Winter/Spring Programs

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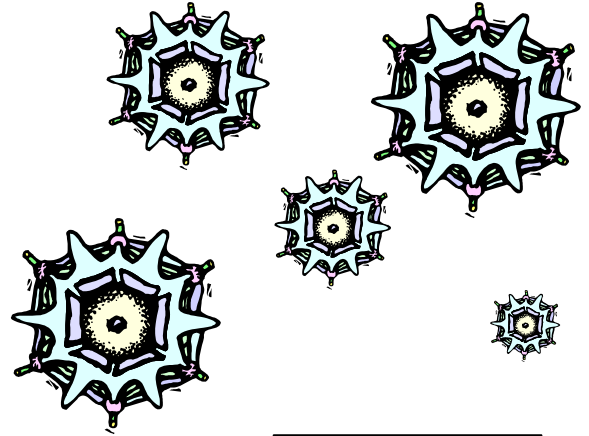
## WINTERFEST ACTIVITIES .....

## PARK & RINK INFORMATION.....

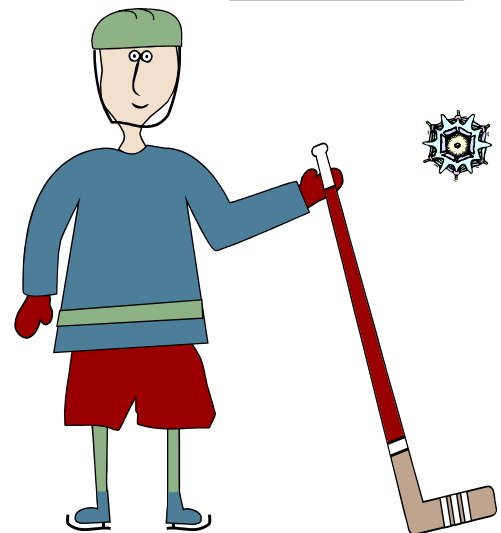
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*Cancellations,  
Schedules  
& Updates  
are recorded on  
the Recreation  
Hotline —  
934-0070.*



# Community Center Information

4

St. Peter Community Center  
600 South 5<sup>th</sup> Street  
St. Peter, MN 56082  
(507) 934-0667



## Building Hours

Monday – Friday	6:00 am – 10:00 pm
Saturday	8:00 am – 8:00 pm
Sunday	12 Noon – 8:00 pm

## Room Rentals

If you are interested in reserving a room at the St. Peter Community Center for a party, reception, meeting or some other event, please call the Recreation & Leisure Services office in the community center at 934-0667.

## Open Gym

- ❖ WEEKLY schedules of supervised open gym are available at the Recreation office at the St. Peter Community Center or by calling the Recreation Hotline 934-0070.
- ❖ Unstructured time to play indoor activities in the Community Center gym.
- ❖ Equipment is available for check out.
- ❖ Must have a clean pair of unmarking gym shoes – no street shoes allowed.
- ❖ No charge!

## Walking/Running Track

- Track open during building hours – no charge.
- Clean shoes necessary.
- 13.5 laps equal one mile.
- No standing/watching gym activities.



Internet  
Connection  
Available!

## Community Center Tenants

❖ Center for Rural Policy Development	934-7700
❖ St. Peter Community & Family Education	934-3048
❖ Headstart	934-5225
❖ Kids' Corner Day Care Center	934-1002
❖ Minnesota Valley Action Center	934-5224
❖ Senior Center	934-7434
❖ Third Floor Youth Center	934-9886



St. Peter Recreation & Leisure Services 934-0667 Cancellation Hotline: 934-0070

## MAIL-IN REGISTRATION FORM

**For the City of St. Peter Recreation Activities**

(Please enclose payment)

1. All registrations are accepted on a first come, first serve basis. Registrations are taken until programs are filled, which MAY BE PRIOR TO THE DEADLINE listed.
2. Registrations will be accepted by mail or taken at the Recreation & Leisure Services Department, located in the St. Peter Community Center, Suite 200, 600 South 5<sup>th</sup> Street from 8:00 am to 5:00 pm.
3. DON'T wait until the last minute to sign up. Activities will be cancelled due to insufficient numbers.
4. Cancellations may occur anytime before the registration deadline. Refunds may not be given after a registration deadline has passed.
5. NO NEWS IS GOOD NEWS! No confirmation of registration will be mailed. Unless you are notified about a change, plan on attending the activity as scheduled.

Parent's Signature (if registering for child): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

Participant's Name: \_\_\_\_\_

YOUTH REGISTRANTS ONLY: Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

ACTIVITIES/PROGRAMS	DATES	TIMES	SESSION/LEVEL	SHIRT SIZE where applicable		FEE
				Youth	Adult	
				S M L	S M L XL	
				S M L	S M L XL	
				S M L	S M L XL	

Participant's Name: \_\_\_\_\_

YOUTH REGISTRANTS ONLY: Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

ACTIVITIES/PROGRAMS	DATES	TIMES	SESSION/LEVEL	SHIRT SIZE where applicable		FEE
				Youth	Adult	
				S M L	S M L XL	
				S M L	S M L XL	
				S M L	S M L XL	

If you have any questions regarding our activities, please call 934-0667.  
Please duplicate this form or attach additional information as needed.  
Return to: RECREATION OFFICE, Suite 200, 600 South 5<sup>th</sup> Street, St. Peter, MN 56082  
Make checks payable to: *City of St. Peter.*



Ways to register for St. Peter Recreation Department activities:  
By Mail: Complete the Registration Form above and mail with your payment.

In Person: Stop by the Recreation Office at St. Peter Community Center, Suite 200.

Sorry, we do not accept phone registrations or credit card payments.

St. Peter Recreation & Leisure Services 934-0667 Cancellation Hotline: 934-0070

## Family Fun Nights

(children must be accompanied by an adult)  
Family Fun Nights are held the second Saturday of the month and provide families a chance to use equipment that is not available during regular open gym hours. This includes jump ropes, tumbling mats, foam balls & parachute. In addition, we will have basketball hoops and a volleyball net lowered for the little sports fans in your family.

Date: Saturdays, January 8, February 12  
& March 12  
Time: 6:00 – 7:00 pm  
Place: Community Center Gym  
Cost: FREE!!



## Beginning Ice Skating Lessons

**Ages 6 & up (with adult) Min 6/Max 12**  
Learn how to ice skate from experienced staff. Our staff has experience competing and coaching ice skating at various levels. Whether your child is a beginner or would like to improve their skills, then this is the program for them.

This is a parent/child class. One parent or adult chaperon must be on the ice with the child to assist with their lessons. We will be outside, so please dress appropriately. Hot chocolate will be available at the end of each session

Date: Saturdays, January 15-January 29  
(February 5 will be the make-up date)  
Time: 9:30 am-10:30 am (Session I)  
11:00 am-Noon (Session II)  
Place: Veterans Park Large Ice Rink  
Cost: \$10.00 per parent/child group

## NEW!! Together Through Nature



### Grandparent & Grandchild Discovery Day

**Ages 4-10 – Min 6/Max 15**  
An opportunity for grandparents to spend time with their grandchildren exploring nature.

Date: Saturday, February 26  
Time: 1:00 - 2:30 pm  
Place: Traverse Des Sioux Treaty Center\*  
Cost: \$5.00 per person per grandparent/child

### Father & Child Discovery Day

**Ages 4-10 – Min 6/Max 15**  
An opportunity for fathers to spend time with their children exploring nature.

Date: Saturday, March 19  
Time: 1:00 - 2:30 pm  
Place: Traverse Des Sioux Treaty Center\*  
Cost: \$5.00 per person

### Mother & Child Discovery Day

**Ages 4-10 – Min 6/Max 15**  
An opportunity for mothers to spend time with their children exploring nature.

Date: Saturday, April 16  
Time: 1:00 - 2:30 pm  
Place: Traverse Des Sioux Treaty Center\*  
Cost: \$5.00 per person

*\*The Treaty Site History Center is located on the north end of town on Hwy 169 east of Dodd Ave.*



## University of Minnesota Women's Basketball Game

BUS TRIP TO THE WOMEN'S GOPHER BASKETBALL GAME vs. Purdue Boilermakers at UMN Minneapolis Campus, Williams Arena. Event promoted by the UMN South Central Alumni Association. Featured Student Athlete: Shannon Bolden. Half time entertainment: Gopher Women's Gymnastic Team. The bus departs at 1:00 pm St. Peter Community Center, 600 South 5th St., St. Peter, MN. Look for the GOPHER SIGN in the upper level parking lot (bring a snack or light lunch with you). Registration: due by February 1, 2005. Check payable to: UMN South Central Alumni Association - Include your address and day/evening phone number where you can be reached. Youths under the age of 18 must be accompanied by an adult.

Date: February 13, 2005

Start Time: 4:00 pm

Cost: \$15 (bus and ticket)

Send to Treasurer-Dave Anderson - 38954 436th Avenue, St. Peter, MN 56082

QUESTIONS: [umnsprit@yahoo.com](mailto:umnsprit@yahoo.com) /507-345-4353 /507-327-7821



## 2<sup>nd</sup> Annual St. Peter Jaycees Ice Fishing Contest

We're looking for a few good fisherman! The Jaycees Annual Ice Fishing Contest is for kids of all ages and all fishing abilities. Prizes are awarded for various categories. Proceeds from the event will benefit Missing children Minnesota and the Minnesota Valley Special Olympics. Come spend time on this ice with your children, while sporting these great causes.

Date: February 26, 2005

Location: Lake Washington at the Westwood Marina

Time: Noon-2:00 pm (registration starts at 10 am)

Cost: \$5.00 per hole

### Girls Fastpitch Softball

- ⇒ Grades 4 and up
- ⇒ General registration at 10 am -Noon on Feb. 12 at the SPCC – Governors Room
- ⇒ Annual Meeting will be held at 6:30 pm on January 16 at the SPCC – Senior Center
- ⇒ Questions ?? Call Loren (934-9431)

### Boys Legion Baseball –

#### Little League Baseball

- ⇒ Grades 2 – 7 - Registration begins in April
- ⇒ Traveling teams will be formed after registration is complete/starts in April
- ⇒ If interested in volunteering as a coach contact Craig Hanson at 934-6345
- ⇒ Forms will be sent to last year's participants & distributed to 2<sup>nd</sup> graders at school
- ⇒ To request a registration form, contact Craig Hanson at 934-6345 after March 1

### Youth Soccer Association

- ⇒ Registration Open House will be held on Sat., Feb. 5 from 9:00am-Noon - Senior Center at the St. Peter Community Center
- ⇒ Ages 5 & up as of August 1st, 2005
- ⇒ Previous players will receive mailing - contact Mike Hdzisten at 934-9117 to be on mailing list
- ⇒ Watch for additional information on the Challenger British Soccer Camp (June 13-17)

### Little Gusties Sport Programs

- ⇒ Little Gustie Basketball, Softball, and Soccer Camps will be offered this Spring.
- ⇒ These youth sport camps are taught by Gustavus coaches and athletes
- ⇒ Call the Gustavus Community Services Department at 933-6060 for details
- ⇒ Registration forms will also be available at the Recreation & Leisure Services Department in the Saint Peter Community Center, Suite 200





## Snow Explorers

Grades 1–3 (girls/boys) Min 10/Max 20

Come spend time after school playing in the snow. Snowshoeing, snowman building, and a winter treasure hunt are just a few of the activities we will be participating in. Come have some winter fun!

Date: Tuesdays, January 25-February 15  
 Time: 3:00-4:30 pm (*transportation provided*)  
 Place: SPCC Room #100  
 Cost: \$5.00 per person



## Extreme TV

Grades 4–6 (girls/boys) Min 6/Max 12

Experience what it takes to create a television show. You will get to experience various aspects of television production including writing, acting, and video taping. We will be using equipment available in the Public Access Television Studio.

Date: Mondays, February 28-March 21  
 Time: 3:00-4:30 pm  
 Place: SPCC Room #100 (*transportation provided*)  
 Cost: \$5.00 per person



## Reading Buddies

Grades 1–6 (girls/boys) Min 6/Max 12

A short, fun book, such as *Robots Don't Catch Chicken Pox*, will be selected as the book of the week. There will be time for book discussion and homework help from leaders. Prizes will be awarded for books read outside of club.

Session I: Tuesdays, March 1-22 (Grades 1-3)  
 3:00-4:30 pm  
 Session II: Thursdays, March 3-24 (Grades 4-6)  
 3:00-4:30 pm  
 Place: St. Peter Public Library Meeting Room  
 (*transportation provided*)  
 Cost: \$5.00 per person

### Coupon!!

Sign up for three rec clubs and  
 get the fourth free!

(*does not include lego science programs*)

## Chess Club

Grades 1–6 (girls/boys) Min 8/Max 16

The St. Peter Chess club has returned! The club is for those of all abilities. Volunteers will be on hand to teach students the basics of chess and also more advanced chess strategies.

Session I: Tuesdays, April 5-26 (Grades 1-3)  
 3:00-4:30 pm  
 Session II: Thursdays, April 7-28 (Grades 4-6)  
 3:00-4:30 pm  
 Place: SPCC Room #100 (*transportation provided*)  
 Cost: \$5.00 per person

## Lego Science

### Exploring Science through Legos

Grades 1–6 (girls/boys) Min 6/Max 12

Students will build various lego structures while learning about levers, pulleys, gears, and beginning robotics. These projects will be NEW and DIFFERENT from the ones we did this fall!

Date: Saturdays, Jan. 22-Feb 26  
 Time: 10:00-11:30 am  
 Place: SPCC Room #100  
 Cost: \$15.00 per person

*Materials: 12x18 rubber-maid tote, 6 AA batteries clearly marked with child's name.*

### Lego Robotics (Lego II-III)

Grades 1–6 (girls/boys) Min 6/Max 12

Students will build and program lego robots. Prerequisite for class is completion of a previous Lego II or Lego III class.

Date: Thursdays, Feb. 3-March 24  
 Time: 3:00-4:30 pm  
 Place: SPCC Room #100 (*transportation provided*)  
 Cost: \$15.00 per person

*Materials: 12x18 rubber-maid tote, 6 AA batteries clearly marked with child's name.*





The Youth Naturalist Program provides youth ages 8–14 opportunities to discover outdoor interests as they learn about the wonders of nature. The program consists of 3 levels: Beginning Naturalists, Intermediate Naturalists and Advanced Naturalists. Participants advance to each level based on the number of classes completed. Different naturalist patches will be awarded for each level.

## Winter Session

### **Snow Tracks** min 6/max 12

Animals are out and about during the winter. We'll venture outside to discover which animals are on the move by learning the art of identifying track patterns and other signs of activities. We'll even enjoy some "moose tracks" ice cream!

Date: Saturday, January 22  
Time: 10:00 am-Noon (ages 8-10)  
1:00-3:00 pm (ages 11-14)  
Place: Treaty Site History Center\*  
Cost: \$5.00 per person

### **Snowshoe Saturday** min 6/max 12

Learn how to snowshoe on this guided hike as we search for signs of animals, identify birds, and learn about the history of snowshoes. A winter scavenger hunt will also be part of the fun. All necessary equipment will be provided.

Date: Saturday, February 12  
Time: 10:00 am-Noon (ages 8-10)  
1:00-3:00 pm (ages 11-14)  
Place: Treaty Site History Center  
Cost: \$5.00 per person

### **Winter Birds** min 6/max 12

Discover the birds that stay during the winter. Learn to identify birds as we go on a guided snowshoe hike. Participants will also make bird feeders out of recycled milk cartoons, pine cones, peanut butter, and other common items.

Date: Saturday, March 12  
Time: 10:00 am-Noon (ages 8-10)  
1:00-3:00 pm (ages 11-14)  
Place: Treaty Site History Center  
Cost: \$5.00 per person

*\*The Treaty Site History Center is located on the north end of town on Hwy 169 east of Dodd Ave.*

## Spring Session

### **Mapping Mania** min 6/max 12

Are you up to the challenge? This program will give participants to learn the skills needed to read and design maps. You will also be using a compass as we navigate through the woods in a team treasure hunt.

Date: Saturday, April 9  
Time: 10:00 am-Noon (ages 8-10)  
1:00-3:00 pm (ages 11-14)  
Place: Treaty Site History Center\*  
Cost: \$5.00 per person

### **Frog Monitoring** min 6/max 12

Do you love frogs, toads, and other slippery creatures? Then this is the program for you! Participants will explore frog friendly habitat as we inventory the creatures we find. Don't forget an old pair of shoes because we will get messy!

Date: Saturday, May 14  
Time: 10:00 am-Noon (ages 8-10)  
1:00-3:00 pm (ages 11-14)  
Place: Treaty Site History Center  
Cost: \$5.00 per person

### **Tree Identification** min 6/max 12

Come discover the world of trees. Participants will explore both cone and leaf bearing trees. We'll also learn easy identification tricks that will help you become more aware of the many trees that surround us.

Date: Saturday, June 11  
Time: 10:00 am-Noon (ages 8-10)  
1:00-3:00 pm (ages 11-14)  
Place: Treaty Site History Center  
Cost: \$5.00 per person

*\*The Treaty Site History Center is located on the north end of town on Hwy 169 east of Dodd Ave.*

## WINTER TRIPS!!



### Ski the Slopes

**Grades 4 & up (girls/boys) Min 25/Max 60**

Enjoy the great sport of downhill skiing! Bring a sack lunch or extra cash. Minimum of 25 skiers needed for this trip. Additional \$2.00 for lessons.

\* \$11 ski & snowboard rental-\$23 snowblade rental.

Date: Monday, January 24  
Time: 10:00 am-4:30 pm  
Place: Depart/return from SPCC  
Cost: \$16.00 – includes bus & lift ticket

### Snow Tubing

**Grades 4 & up (girls/boys) Min 25/Max 60**

Imagine the thrill of riding down a long snowy hill and then effortlessly riding your tube back up. Come join the REC staff for a day of excitement!

Riders must be 42 inches or taller.

Date: Monday, February 21  
Time: Noon-4:00 pm  
Place: Depart/return from SPCC  
Cost: \$15.00 - includes bus & tube rental

### Lake Crystal REC Center

**Grades 3–6 (girls/boys) Min 25/Max 60**

The recreation center includes a 102 foot water slide. Water-basketball and other fun games are available in the pool. You can play volleyball/ basketball in the gym. Bring your swimsuit, towel, and gym shoes. Concessions are also available.

Date: Friday, March 25  
Time: Noon – Return 5:00 pm  
Place: Depart and Return to SPCC  
Cost: \$8.00 – includes bus & admission



## Snow Day

**Grades 1-3 (girls/boys)**

**Min 16/Max 32**

Want to get outside and enjoy the snow? Join us for snowshoeing, winter games, snow crafts & more. We'll even have a snow castle contest.

Date: Friday, February 18  
Time: Noon – 5:00 pm  
Place: SPCC Room #100  
Cost: \$2.00 per person

## Dive in Movie

**Grades 1-4 (girls/boys) Min 25/Max 60**

Bring your swimsuit and towel and join us at the High School Indoor Pool as we watch the new movie "Shrek II" (rated PG). Floating devices are allowed.

Date: Wednesday, March 2  
Time: 1:00-3:30 pm  
Place: SPHS Indoor Pool  
Cost: \$5.00 per person



## Kids Day Out!

**Grades 1-4 (girls/boys)**

**Min 16/Max 32**

Tired of having nothing to do during your day off? Then join us for a day packed with exciting activities. Activities will include Solar Sonic Bowling, swimming at the SPHS pool, and your favorite gym games. We'll also watch the new movie "The Incredibles" (Rated PG). Sack lunch and juice box provided. Bring swim suit and towel.

Date: Tuesday, March 29  
Time: 8:00 am-4:30 pm  
Place: Meet at the SPCC in Room #300  
Cost: \$20.00 – includes lunch & snacks

## SpringFest

**Grades K-3 (girls/boys) Min 16/Max 32**

Looking for a way to celebrate the season? Join us for a fun day of games, activities and crafts. You bring your friends and we'll provide the FUN!

Date: Wednesday, April 27  
Time: 1:00 – 4:30 pm  
Place: SPCC Room #100  
Cost: \$5.00 per person



## SuperShots

Grades K-9 (Girls and Boys)

This Winterfest event is hosted by the St. Peter Jaycees and the Recreation Department. It will be held on Saturday, February 5, 3:00 pm, in the Community Center Gym. This basketball shooting competition is free, and open to youth ages in grades 4-6. Awards will be given for first, second, and third place for each age division. Advanced registration is not necessary.

Date: Saturday, February 5  
Time: 4:00 pm  
Place: SPCC Gym  
Cost: FREE!!

## St. Peter Swim Club

Ages 8 & up (Girls and Boys)

This program focuses on the four competitive strokes, turns, starts and overall conditioning. There is an opportunity for competitive swim meets. The only prerequisite is the ability to swim at least one length of the pool. Must be eight years of age or older by September 1, 2004.

Date: Tuesdays & Thursdays, January 4-27  
Time: 3:00-4:15 pm  
Place: SPHS Indoor Pool  
Cost: \$30.00 (Additional \$5.00 fee for each competition)



## Little Saints Baseball Camp

Grades 1-6 (girls/boys) Min 15/Max 30

If you are a young baseball fan, then you don't want to miss your chance to spend a few hours tuning up your baseball skills.

Experienced coaches will lead camps for two different age groups (grades 1-3 & grades 4-6) that will focus on the fundamentals of hitting, fielding, base running, and pitching.

Date: Saturdays, March 5-19  
Time: Grades 1-3 from 9:00 am-10:25 am  
Grades 4-6 from 10:30 am-Noon  
Place: Community Center Gym  
Cost: \$12.00 without T-shirt/\$18.00 with T-shirt (indicate shirt size when registering)

## After-School Sports!



### Broomball Club

Grades 4-6 Min 16/Max 24

This five week league will meet after-school on Tuesdays. New teams will be formed weekly and an adult supervisor will officiate all games. Broomballs and sticks provided. Players must bring a pair of boots and helmet. If you do not have a helmet, please call 934-0667 and ask to speak to Dan about buying a used helmet.

Date: Thursdays, January 27-February 17  
Time: 3:00-4:30 pm  
Place: Veterans Large Hockey Rink  
Cost: \$5.00 per person



### Flag Football

Grades 4-6 Min 16/Max 32

From touchdowns to touchbacks, this recreation league has it all. Designed for those that love the game of football. Participants will have the chance to develop passing, receiving, and defensive skills. New teams will be formed weekly and an adult supervisor will officiate all games.

Date: Tuesdays, May 3-May 24  
Time: 3:00-4:30 pm  
Place: North Elementary School Playground  
Cost: \$5.00 per person

### Yogilates for Girls

Grades 4-6 Min 6/Max 12

This class will use basic pilates & yoga exercises that promote balance, coordination, strength, good posture and flexibility. Exercises enhance athleticism as well as promote self-esteem.

Date: Thursdays, January 13-February 10  
Time: 3:25-4:15 pm  
Place: SPCC Room #129B  
Cost: \$10.00 per person

### Yoga for Kids

Ages 5-8 Min 6/Max 12

This is an energetic and calming class where kids gain the benefits of strength, flexibility and balance for a healthy body. Great compliment to any other activity your child is involved with. Bring a yoga/pilates mat if you have one. Kids only class!

Date: Thursdays, February 17-March 17  
Time: 3:25-4:05 pm  
Place: SPCC Room #129B  
Cost: \$10.00 per person

## GYMNASTICS CLASSES ARE HELD AT GAC LUND CENTER



## PRESCHOOL BOYS &amp; GIRLS

*Prerequisites: None*

The young gymnast will focus on learning basic motor skills and body positions as well as exploring gymnastics equipment and learning to follow directions that will set a strong foundation for gymnastics or any other sport. A FUN class for all!

## 3 year olds – min 3 /max 4

<b>Session I (5 weeks)</b>	<b>Dates No class 1/31 or 2/2</b>	<b>Time</b>	<b>Fee</b>
Monday	Jan 10 – Feb 14	6:30-7:15 pm	\$27 Res. \$35 Non.
Wednesday	Jan 12-Feb 16	6:30-7:15 pm	\$27 Res. \$35 Non.
<b>Session II (4 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Monday	Feb 21 – March 14	6:30-7:15 pm	\$22 Res. \$29 Non.
Wednesday	Feb 23 – March 16	6:30-7:15 pm	\$22 Res. \$29 Non.
<b>Session III (6 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Monday	April 4 – May 9	6:30-7:15 pm	\$32 Res. \$42 Non.
Wednesday	April 6 – May 11	6:30-7:15 pm	\$32 Res. \$42 Non.

## 4 &amp; 5 year olds – min 3 /max 4

<b>Session I (5 weeks)</b>	<b>Dates No class 2.1 or 2/2</b>	<b>Time</b>	<b>Fee</b>
Tuesdays	Jan 11 – Feb 15	6:30-7:15 pm	\$27 Res. \$35 Non.
Thursdays	Jan 13 – Feb 17	6:30-7:15 pm	\$27 Res. \$35 Non.
<b>Session II (4 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Tuesdays	Feb 22 – March 15	6:30-7:15 pm	\$22 Res. \$29 Non.
Thursdays	Feb 24 – March 17	6:30-7:15 pm	\$22 Res. \$29 Non.
<b>Session III (6 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Tuesdays	April 5 – May 10	6:30-7:15 pm	\$32 Res. \$42 Non.
Thursdays	April 7 – May 12	6:30-7:15 pm	\$32 Res. \$42 Non.



Parents ONLY are welcome to observe their preschool children. Young gymnasts and their instructors are most successful with no other observers. Thank you for your cooperation!

## BEGINNING LEVEL I

Grades K & up – min 3 /max 5

*Prerequisites: None*

This is an introductory class for the young aspiring gymnast. This class works with basic body positions and basic skills on the beams, bars, floor, and vault.

<b>Session I (5 weeks)</b>	<b>Dates No class 1/31 or 2/2</b>	<b>Time</b>	<b>Fee</b>
Monday	Jan 10 – Feb 14	6:30-7:25 pm	\$32 Res. \$42 Non.
Wednesday	Jan 12- Feb 16	6:30-7:25 pm	\$32 Res. \$42 Non.
Thursday	Jan 13- Feb 17	6:30-7:25 pm	\$32 Res. \$42 Non.

*\*Parent Observation Days 2/14, 2/16 & 2/17*

<b>Session II (4 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Monday	Feb 21 – March 14	6:30-7:25 pm	\$26 Res. \$34 Non.
Wednesday	Feb 23 – March 16	6:30-7:25 pm	\$26 Res. \$34 Non.
Thursday	Feb 24- March 17	6:30-7:25 pm	\$32 Res. \$42 Non.

*\*Parent Observation Days 3/14, 3/16 & 3/17*

<b>Session III (6 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Monday	April 4 – May 9	6:30-7:25 pm	\$38 Res. \$49 Non.
Wednesday	April 6 – May 11	6:30-7:25 pm	\$38 Res. \$49 Non.
Thursday	April 7 – May 12	6:30-7:25 pm	\$32 Res. \$42 Non.

*\*Parent Observation Days 5/9, 5/11 & 5/12*

Class sizes are limited,  
so register early at the  
Recreation Office in the  
St. Peter Community  
Center.



For the safety of the gymnasts, parents and siblings of gymnasts in Girl's Beginning Level 1, Girl's Advanced Level 1, Girl's Level 2, Girl's Level 3 and all Boys classes may not remain in the gymnastics studio during class time. If you have questions, please contact the Recreation Office at 934-0667. Thank you for your cooperation!

## ADVANCED LEVEL 1

Grades K & up – min 3 /max 6

*Prerequisites: Passing Beginning Level 1 and/or able to perform forward & backward rolls, a handstand, hurdle on the springboard from a run, & walks forward, backward & sideways on the high beam alone.*

This class builds on the basic skills & terminology learned in Beginning Level 1. Dance, strength, flexibility also become an important part of this class.

<b>Session I (5 weeks)</b>	<b>Dates No class 2/1</b>	<b>Time</b>	<b>Fee</b>
Tuesdays	Jan 11 – Feb 15	6:30-7:25 pm	\$32 Res. \$42 Non.
Thursdays	Jan 13 – Feb 17	7:30-8:25 pm	\$32 Res. \$42 Non.

*\*Parent Observation Days 2/15 and 2/17*

<b>Session II (4 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Tuesdays	Feb 22 – March 15	6:30-7:25 pm	\$26 Res. \$34 Non.
Thursdays	Feb 24 – March 17	7:30-8:25 pm	\$26 Res. \$34 Non.

*\*Parent Observation Days 3/15 and 3/17*

<b>Session I (6 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Tuesdays	April 5 – May 10	6:30-7:25 pm	\$38 Res. \$49 Non.
Thursdays	April 7 – May 12	7:30-8:25 pm	\$38 Res. \$49 Non.

*\*Parent Observation Days 5/10 and 5/12*

## LEVEL 3

Second Grade & up – min 3 /max 6

*Prerequisites: Passing Level 2 and/or able to perform a backbend kick over, front limber, dive roll and a handstand straight arm forward roll on floor; a pullover, tap swing, and glides on bars, a cartwheel on the low beam and a round-off dismount from the high beam.*

This class builds on the more advanced skills learned in Level 2. Dance, strength and flexibility are a very important part of this class.

<b>Session I (5 weeks)</b>	<b>Dates No class 2/2</b>	<b>Time</b>	<b>Fee</b>
Wednesday	Jan 12-Feb 16	7:30 – 8:55 pm	\$47 Res. \$61 Non.
<b>Session II (4 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Wednesday	Feb 23 – March 16	7:30 – 8:55 pm	\$37 Res. \$48 Non.
<b>Session I (6 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Wednesday	April 6 – May 11	7:30 – 8:55 pm	\$56 Res. \$73 Non.

## LEVEL 2

First Grade & up – min 3 /max 6

*Prerequisites: Passing Advanced Level 1 and/or able to perform a cartwheel on a line, passing through vertical, a handstand, a back bend, a back-hip circle, casting, and swing with re-grasping on bars, and a wide variety of walks, leaps, and jumps on the high beams.*

This class builds on the basic skills learned in Advanced Level 1. This class is one hour and twenty-five minutes long to allow for more practice time on each event. Dance, strength and flexibility are an important part of this class.

<b>Session I (5 weeks)</b>	<b>Dates No class 2/1</b>	<b>Time</b>	<b>Fee</b>
Tuesday	Jan 11 – Feb 15	7:30 – 8:55 pm	\$47 Res. \$61 Non.

*\*Parent Observation Day 2/15*

<b>Session II (4 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Tuesdays	Feb 22 – March 15	7:30 – 8:55 pm	\$37 Res. \$48 Non.

*\*Parent Observation Day 3/15*

<b>Session I (6 weeks)</b>	<b>Dates</b>	<b>Time</b>	<b>Fee</b>
Tuesday	April 5 – May 10	7:30 – 8:55 pm	\$56 Res. \$73 Non.

*\*Parent Observation Day 5/10*

## WSI Aide Course

**Ages 10 & up (girls/boys) Min 6/Max 12**  
Training will enable candidates to understand the roles and responsibilities of a Water Safety Instructor Aide. Upon successful completion, participants will receive a Water Safety Aide Certificate. *Prerequisites: Must be 10 years old, exhibit strong sense of maturity and responsibility and demonstrate all the skills listed as completion requirements for Level IV of the American Red Cross Swim Program.*

Date: Saturdays, January 8-29  
Time: 9:00 am – 3:00 pm  
Place: SPHS Indoor Pool and SPHS Room #201  
Cost: \$20.00 per person

## Babysitter's Training

**Grades 5 & up (girls/boys) Min 6/Max 15**  
Participants will learn skills needed to be a responsible babysitter including safe care, toy selection, emergencies, child characteristics, dressing, diapering and feeding. Materials included in fee. Participants must attend the entire class to get certification.

Dates: Session I: Saturday, January 29  
Session II: Saturday, March 26  
Time: 8:30 am – 3:30 pm  
Place: SPCC Room #217  
Cost: \$20.00 per person

## Basic Aid Training

**Ages 8–12 (girls/boys) Min 6/Max 15**  
Designed for youth ages 8-12. The Red Cross BAT (Basic Aid Training) program teaches basic skills necessary for youth to identify and prevent potentially harmful situations. There are no prerequisites and participants will receive certification upon completion.

Date: Saturday, February 12  
Time: 9:00 am – 4:00 pm  
Place: SPCC Room #217  
Cost: \$20.00 per person

## Guard Start Program

**Ages 11–14 (girls/boys) Min 6/Max 12**  
Foundation for future successful completion of the Red Cross Lifeguard Training. Covers prevention, fitness, response and leadership. *Prerequisites: 11-14 yrs old, exhibit strong sense of maturity, ability to front crawl for 25 yards while breathing to the front or side, ability to tread water for one minute using arms & legs, and ability to swim a distance of ten feet underwater.*

Date: Saturdays, March 5-19  
Time: 9:00 am – 1:00 pm  
Place: SPHS Indoor Pool  
Cost: \$20.00 per person



## Youth Outdoors!



**Ages 12–16 (girls/boys) Min 12/Max 24**  
Come discover new outdoor interests while you use your talents to make a difference in the community. We will be conducting environmental service projects to help make our community a better place to live. Examples of possible activities include building wood duck houses, leading community park clean-ups, and planting trees in community parks.

The goal of the program is to help youth practice leadership skills through environmental service projects. Participants will also be exposed to career opportunities in various environmental fields through the hands-on projects they will be involved with and the relationships they will develop with community partners.

Date: Mondays & Wednesdays, May 2-25  
Time: 3:00-4:30 pm  
Place: SPCC Room #100  
Cost: Free!! (*but you still need to register*)

The St. Peter Recreation Department has volunteer opportunities  
for youth ages 11–18 to mentor young children in our after



# THE THIRD FLOOR

"A Place to Be"

In a friendly, supervised atmosphere, youth can play pool, foosball, air hockey, board games, video games, listen to music, sing karaoke, watch TV and movies, receive help with their homework, read, socialize or just hang out and HAVE FUN!

FOR YOUTH IN GRADES 4-8  
OPERATED BY YOUTH IN GRADES 10-12

Open Monday-Thursday  
3:00-6:00 pm

YOU MAY RENT THE YOUTH CENTER  
\$15/hour or \$50/4 hours (plus \$50 deposit)

Call 934-9886

Requires 2 weeks notice

Leave a message, we'll get back to you!

The Third Floor is solely funded by grants and donations. We are currently seeking funding from private foundations and individual donations. Please help us stay open!

Donations can be sent to:

The Third Floor Youth Center  
600 South Fifth Street, Room 125  
St. Peter, MN 56082

Session 1: Sept. 13-Oct. 30

**\*registration deadline is Tuesday, September 7**

Session II: Nov. 1-Dec. 18

**\*registration deadline is Monday, October 25**

**FREE TRIAL CLASSES!!**

- Wednesday, Sept. 8 at 5:30 pm–Functional Fitness
- Wednesday, Sept. 8 at 6:30 pm–Yogafit
- Thursday, Sept. 9 at 4:20 pm–Set in 60
- Thursday, Sept. 9 at 5:30 pm – Pilates

**\*\* Class Discounts\*\***

**Sign up for 2 classes at the same time and get \$6.00 off your total fee. Sign up for 3 or more classes and get \$18.00 of your total.**

**New Level System: Indicates the intensity level.**

**Level 1- moderate intensity**

**L2- Intermediate intensity**

**L3-Advanced intensity**

**+ = you can increase your intensity to next level**

Functional Fitness (L2+) – Room 310A

This is a great calorie burner! You will use medicine balls, stability balls, foam rollers, balance discs and more to improve balance, strength and endurance. The mix of cardiovascular exercises, and strength and balance training, make for a great total body workout.

Class #	Dates	Times	Cost
204	Sept. 15 – Oct. 27	Wednesdays 5:30 – 6:25 pm	\$32 Res. \$39 Non.
205	Nov. 3 – Dec. 15	Wednesdays 5:30 – 6:25 pm	\$32 Res. \$39 Non.

Boot Camp (L3+) – Room 310A

A fun class to whip you in shape! Class will use balance, cardio drills, plyometric moves, strength training and more to motivate you. We will not use a whistle, but you may have to drop and do 20!

Class #	Dates	Times	Cost
207	Sept. 13 – Oct. 25	Mondays 5:30 – 6:25 pm	\$32 Res. \$39 Non.
208	Nov. 1 – Dec. 13	Mondays 5:30 – 6:25 pm	\$32 Res. \$39 Non.

Yogilates (L2+) – Room 129B

The combination of these two practices gives you a balanced workout incorporation core stabilization that will help with strength and balance, flexibility of your muscles, improve joint mobility, and mind-body awareness. Bring a mat and wear comfortable clothes.

Class #	Dates	Times	Cost
222	Sept. 14 – Oct. 26	Tuesdays 5:30 – 6:20 pm	\$32 Res. \$39 Non.
223	Nov. 2 – Dec. 14	Tuesdays 5:30 – 6:20 pm	\$32 Res. \$39 Non.

Strength Training (L1+) – Room 310A

Tone and strengthen muscle using proper form and a variety of exercises. Learn and perform movements correctly therefore reducing your risk of injury. You will use weights, bands, stability balls and your own body weight as resistance for an assortment of exercises. Strength training is one of the best ways to keep bones healthy as well as boost your metabolism.

Class #	Dates	Times	Cost
231	Sept. 14 – Oct. 26	Tuesdays 6:30 – 7:20 pm	\$32 Res. \$39 Non.
232	Nov. 2 – Dec. 14	Tuesdays 6:30 – 7:20 pm	\$32 Res. \$39 Non.

Class #	Dates	Times	Cost
231	Sept. 16 – Oct. 28	Thursdays 9:15 – 10:05 am	\$32 Res. \$39 Non.
232	Nov. 4 – Dec. 16	Thursdays 9:15 – 10:05 am	\$32 Res. \$39 Non.

Intro to Pilates: Please see the Community Education side of this brochure under fitness. A pre-requisite to all other Pilates classes.

Pilates (L2+): Room 129B

Faster paced class includes more intermediate level exercises. Also includes bands and stability balls. Must have taken Intro to Pilates Class.

Class #	Dates	Times	Cost
216	Sept. 14 – Oct. 26	Tuesdays 9:15 – 10:05 am	\$32 Res. \$39 Non.
217	Nov. 2 – Dec. 14	Tuesdays 9:15 – 10:05 am	\$32 Res. \$39 Non.

Class #	Dates	Times	Cost
218	Sept. 16 – Oct. 28	Thursdays 5:30 – 6:20 pm	\$32 Res. \$39 Non.
219	Nov. 4 – Dec. 16	Thursdays 5:30 – 6:20 pm	\$32 Res. \$39 Non.

NEW!! Balanced Body (L2+) – Room 310A

This is a great conditioning class for men and women. The only tool you need is your body. We will incorporate moves from strength training, yoga, and pilates, as well as cardio drills for a complete balanced body workout. It is as challenging as you make it!

Class #	Dates	Times	Cost
231	Sept. 13 – Oct. 25	Mondays 4:30 – 5:15 pm	\$32 Res. \$39 Non.
232	Nov. 1 – Dec. 13	Mondays 4:30 – 5:15 pm	\$32 Res. \$39 Non.

Class #	Dates	Times	Cost
231	Sept. 17 – Oct. 29	Fridays 5:30 – 6:15 pm	\$32 Res. \$39 Non.
232	Nov. 5 – Dec. 17	Fridays 5:30 – 6:15 pm	\$32 Res. \$39 Non.

## YogaFit (L1 +) – Room 129B

YogaFit combines elements of hatha yoga with traditional fitness exercise and stretching routines. This program will feature both strength and conditioning components that are appropriate for all fitness levels. In YogaFit we do not chant or use Sanskrit names for all poses, but we do work hard and use our body and our mind for an intense mind/body workout. Please bring a yoga/pilates mat.

Times	Cost
Wednesdays 6:30 – 7:20 pm	\$27 Res/\$35 Non

## Set in 60 (L1 +) – Room 310A

If you love variety, then this class is for you! Set in 60 offers ten-15 minute segments of Core Board, Strength Training, Yoga, Pilates, drills, floor aerobics, stretching. Always a mix, never the same class twice! The intensity changes for every segment, a great challenge for your body and an awesome calorie burner!

Times	Cost
Thursdays 4:20 – 5:20 pm	\$27 Res/\$35 Non
Saturdays 9:15 – 10:15 am	\$27 Res/\$35 Non

## Supersets and Stretch (L1) – Room 310A

New improved strength training! During this class you will perform exercises back to back (supersetting) working either opposing or complementary muscle groups with little rest in between, creating an ultimate calorie burner. The instructor will teach proper lifting technique and watch for correct form. Weights, bands, balls, and your own body weight will be used as resistance for a variety of exercises. Plyometric moves may be added which are also great for bone strength and boosting metabolism! The last 10-15 minutes of class will be dedicated to stretching so your muscles feel strong and lengthened instead of tight.

Times	Cost
Tuesdays 6:30 – 7:25 pm	\$27 Res/\$35 Non
Thursdays 9:15 – 10:10 am	\$27 Res/\$35 Non
Saturdays 8:15 – 9:10 am	\$27 Res/\$35 Non

## Youth Fitness Classes

### Yogilates for Girls (Grades 4–6)

Basic pilates and yoga exercises for young girls (see page 9 more a full description).

### Yoga for Kids (Ages 5 – 8)

Gain the benefits of strength, flexibility and balance for a healthy body. (see page 9 more a full description).

# 2005 FITNESS CALENDAR

## All classes held at the Community Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am		Balanced Body 30 minutes		Balanced Body 30 minutes		
8:15 am						Superset & Stretch
9:15 am		Pilates (Rm 129B)		Superset & Stretch		Set in 60
10:15 am	Functional Fitness					
3:25 pm				Yoga for Kids Yogilates for girls		
4:30 pm	Balanced Body (Rm 129B)	Classic Cardio		Set in 60 - 4:20 pm		
5:30 pm	Boot Camp	Yogilates (Rm 129B)	Functional Fitness	Pilates (Rm 129B) Classic Cardio	Balanced Body	
6:30 pm	Intro to Pilates/Core Class thru Community Center	Superset & Stretch	YogaFit			

## SOFTBALL LEAGUES



\* **NEW!! CO-ED LEAGUE** - Mondays  
Recreational - state sanctioned  
League fee \$150 - 8 game season

**MEN'S DIVISION I** - Tuesdays  
Competitive - state sanctioned  
League fee \$275 - 14 game season

**MEN'S DIVISION II** - Wednesdays  
Recreational - state sanctioned  
League fee \$275 - 14 game season

**WOMEN'S LEAGUE** - Thursdays  
All Classes - sanctioned state  
League fee \$275 - 14 game season

\* *Information will be mailed to last year's managers.  
Call 934-0667 if you would like a registration packet.*

### IMPORTANT DATES

Monday, February 28

\* Registration begins - forms available at the Recreation Office in the Community Center.

Friday, March 26

\* Registration deadline. Minimum \$25 deposit.

Wednesday, April 13

\* Mandatory Manager's Meeting – receive schedules, rulebooks and roster forms.

Monday, May 2

\* Season begins – Jefferson Fields

### PLAYER'S FEES

Payable to St. Peter Softball Association

❖ *\$15 per player for residents (inside City limits).*

❖ *\$25 per player if you live outside the city limits*

## Train for 5K race!

This year will be the 6<sup>th</sup> year of the Freedom Fun Run 8k race, held on July 4<sup>th</sup> in St. Peter. We would like to offer a training program for those of you who would like to run in it but not sure where to start. To participate in the 8 week program, you should have no major health problems, should be in reasonably good shape, and should have done at least some jogging or walking.

The novice program is Hal Higdon's (famous runner) 8 week program. If you have not done any walking or jogging and would like to do this, you can start earlier than 8 weeks just by getting out there and doing 20-30 minutes of either. There will be 3 or 4 scheduled group runs a week that you can choose to run in for training. The first week of training will be May 9<sup>th</sup>.

Please register and attend the first meeting to receive training schedule and program details. The first meeting date is Saturday, April 30 at 10:30 am in the SPCC Room #217. Registration deadline is Wednesday, April 27.

Are you interested  
in playing softball,  
but you don't have  
a team yet?

Call the Recreation Office at  
934-0667 and leave your name,  
telephone number & level of play.

## All trips leave from the St. Peter Community Center parking lot.

Please park in the southwest corner of the main parking lot off of Washington Avenue.

Sorry, we cannot accept phone registrations.

TRIP	DATE	TIME	FEE	DESCRIPTION
"Sons of the Bedtime Nooz" Great American History Theatre	Saturday, February 5	Depart: 11:30 am  Return: 7:30 pm	\$33 age 62 & older  \$36 under age 62  Includes bus & play	Never losing his flare for the theatrical, WCCO legend Dave Moore created this play which is a satirical look at news, broadcasting, and the world. The play is funny, touching, and incredibly entertaining. Through storytelling and vintage footage you will revisit the life and times of Dave Moore. We will stop and eat on the way home (not included in fee). Deadline: Monday, January 17.
"Weekend Comedy" Old Log Theater	Friday, March 11	Depart: 10:00 am  Return: 4:45 pm	\$38.00 Includes dinner & bus	"Weekend Comedy", is a wonderful story of two couples who just happen to rent the same Catskills cabin for the same weekend by mistake. One couple is staid and middle-aged while the other is free-wheeling and young...and before the comedy is over, they have all learned something about relationships! Deadline: Monday, March 7.
Marshall Fields Flower Show, Ride on Light Rail & IKEA	Tuesday, March 22	Depart: 8:30 am  Return: 4:00 pm	\$18.00 Includes light rail & bus	Ride the Light Rail to the Flower Show at Marshall Fields, Downtown Minneapolis. Return on the light rail to IKEA Store to shop and eat lunch (lunch is on your own). Deadline: Tuesday, March 8.
"The Lion King" Orpheum Theatre	Tuesday, April 19	Depart: 5:15 pm  Return: 11:15 pm	\$58.00 Includes show & bus	"The Lion King", now in it's seventh sold-out year in New York at the New Amsterdam Theatre and the winner of six Tony Awards including Best Musical, returns since it's world premiere here in 1997. Deadline: Friday, April 1.
Cabela's & Medford Mall Shopping	Thursday, May 5	Depart: 9:00 am  Return: 4:00 pm	\$25.00 Includes lunch & bus	Shopping and tour of Cabela's plus shopping at Country Goods Craft Store & Medford Mall. Lunch at "Famous Dave's" legendary Pit Bar-B-Que. Deadline: Friday, April 22.
"Beauty and the Beast" Chanhassen Dinner Theater	Saturday, June 25	Depart: 9:45 am  Return: 4:45 pm	\$50.00 Includes dinner, show & bus	One of the most popular and enchanting love stories ever told. This full-length Broadway musical features wonderful songs, sumptuous costumes, and spectacular sets. "Beauty and the Beast" is sure to cast its magic spell over you! Deadline: Friday, May 27.



## ALL WEEK EVENTS:

Medallion Hunt \*\* Cross Country Skiing \*\* Snow Shoeing  
Family Skating at Veteran's Park \*\* Snow Sculpture Tours

### Friday, February 4

5:00 pm PARADE - 3<sup>rd</sup> Street  
5:00 - 7:00 pm Kiwanis Chili Feed - American Legion



### Saturday, February 5

8:00 am - Noon Youth Snow Sculpture Contest at MN Square  
11:00 am Freeze Your Buns Four Mile Run  
2:00 pm Mattress Races  
4:00 pm Supershots - 4<sup>th</sup> - 6<sup>th</sup> grade youth - St. Peter Community Center gym  
7:00 pm FIREWORKS/Dance to the ECHOS at Johnson Hall/Fairgrounds

### Sunday, February 6

1:00 pm Dog Sled Rides  
3:00 pm SUPER SNOW SUNDAY!!!  
Movies, sleigh rides, snow shoeing, cross country skiing and a bonfire!  
Ongoing events all afternoon and evening at the Treaty Site History Center

### Friday, February 11

5:00 pm Rotary Supper - Johnson Hall/Fairgrounds  
7:00 pm Adult Snow Football - SPSHS Football Field  
7:00 pm Youth Fiddling Performance - Johnson Hall/Fairgrounds

### Saturday, February 12

1:00 pm Snow Cross - Fairgrounds  
2:00 pm Miss St. Peter Contest - Bjorling Hall/Gustavus  
7:00 pm DANCE - Johnson Hall/Fairgrounds

Times and events subject to change!

St. Peter Recreation & Leisure Services 934-0667 Cancellation Hotline: 934-0070



# Freeze Your Buns 4 Mile Run!



**Saturday February 5<sup>th</sup> – 11:00am**  
**Part of Winterfest 2005!**

Run will start and finish at the  
St. Peter Community Center

**Prizes for 1<sup>st</sup> - 3<sup>rd</sup> place finishers - men and women.**  
**Plus random prize drawings. Times will not be recorded.**  
**Refreshments after the run – St. Peter Community Center.**  
**Cost: \$12.00 if registered by Friday, January 21**  
**\$15.00 if registered after January 21**

**Register early to guarantee receiving your t-shirt on race day!**  
**(T-shirt not guaranteed for registrations received after January 21<sup>st</sup>)**

**Race Day registration and packet pick up start at 10:00 am. Pre-registered participants can pick up their packet at the community center starting February 4<sup>th</sup> at 8:00 am.**

## 2005 Freeze Your Buns 4 Mile Run Form

*Please return completed registration form to the Recreation Office in the  
St. Peter Community Center or mail to 600 South 5<sup>th</sup> Street, Suite 200, St. Peter, MN 56082.*

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ T-shirt Size: \_\_\_\_M \_\_\_\_L \_\_\_\_XL

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

## VETERAN'S PARK SKATING

Veteran's Park (located along 5th Ave. North between Skaro & Chatham streets) features two ice skating rinks.

The large rink may be reserved in advance for hockey practice by calling 934-0667. Reservations will be posted at the rink/warming house. (\*\*NO hockey sticks or pucks are allowed during pleasure skating.)

A warming house/rink attendant is on duty during the following scheduled hours:

Monday – Friday ..... 3:30 – 8:00 pm  
 Saturdays ..... 10:00 am – 8:00 pm  
 Sundays ..... 1:00 pm – 8:00 pm  
 School Vacation Days ..... 1:00 pm – 8:00 pm

## ADDITIONAL SKATING RINKS

Skating rinks will also be flooded this year at **Minnesota Square and Gault Park**. Open pleasure skating – no warming house/rink attendant.



## RINK CLOSINGS

These guidelines will be used for rink closures:

1. Temperatures that soften the ice.
2. Wind chill temperature that reach -20 or colder.
3. When more than 1" of snow accumulates on the ice and maintenance crews are not available.



For updates on rink closures, listen to KRBI Radio or call the Rec Hotline at 934-0070

## EQUIPMENT RENTAL

### Cross Country Skis & Snowshoes

Equipment is available for rent at both the Treaty Site History Center & the Recreation Department.

*Have you wanted to learn how to cross country ski or snowshoe, but didn't want to invest in your own equipment? We have a wide selection of sizes of cross country skies and snowshoes available.*

Fee: \$5.00 with a \$30.00 deposit  
 Reserve: Call the Recreation Department at 934-0667 or Treaty Site History Center at 934-2160 to make certain we have the equipment for the date you have in mind.

*\*The Treaty Site History Center is located on the north end of town on Hwy 169 east of Dodd Ave. The center is open Tuesday through Saturday from 10:00 am-4:00 pm.*



### MILL POND CAMPING PERMITS

Permits are available for electric and primitive camping at the Mill Pond Park Campground at the St. Peter Police Department, 207 South Front Street. Call 934-0665 with questions.

### PICNIC SHELTER RESERVATIONS

Reserve a picnic shelter for your gathering this summer. Forms are available at the Recreation Office, St. Peter Community Center, 600 South 5<sup>th</sup> Street, Suite 200. Call 934-0667 with questions.

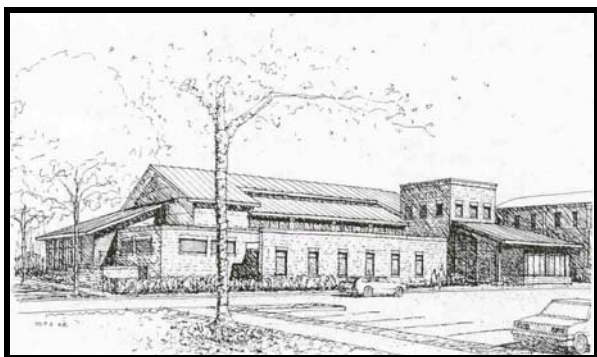
Shelters available:

Minnesota Square  
 Gorman Park  
 Riverside Park (Mill Pond)

Fees: \$25.00 Resident/  
 \$32.00 Non-Resident

### PARK ALCOHOL PERMITS

Permits are available for alcohol consumption in the parks at the Recreation Office, St. Peter Community Center, 600 South 5th Street, Suite 200. Call 934-0667 with questions.



**Saint Peter Public Library**  
**601 South Washington**  
**934-7420**

Monday -Thursday 10:00 am – 8:00 pm  
 Friday 10:00 am – 5:00 pm  
 Saturday 9:00 am – Noon

## STORY TIME!



Joni and Friends

Wednesdays – 10:30 am & 2:10 pm  
 in the children's section.



Where's Waldo?

Join Steve Waldhauser every Tuesday  
 at 10:30 am in the children's section.

## St. Peter Public Library

- ❖ Meeting Room
- ❖ 2 Study Rooms
- ❖ 1 Small Conference Room
- ❖ 18 Computers
- ❖ Reference Area
- ❖ Large Adult & Children's Collections
- ❖ Local History/Minnesota Collection
- ❖ Fireplace and Lounge Area
- ❖ Electronic Law Library
- ❖ Videos, CDs and DVDs
- ❖ Periodicals and Newspapers



## NOW SHOWING...

Foreign & Independent Films  
 Sponsored by the St. Peter  
 Public Library

The Library will be showing an award-winning,  
 first-run foreign or independent film every  
 second Thursday of the month.

Join us at the St. Peter Public Library Meeting  
 Room at 7:00 pm

January 13	April 14
February 10	May 12
March 10	June 9

Please note: Films are not rated and are  
 intended for adult audiences only. Cushions  
 and/or portable chairs are recommended for  
 comfortable viewing.

## "I'd Rather Be Reading!"

Adult Winter Reading Program 2005  
 Ages 16 & Older

Monday, January 10 – Saturday, March 12  
 Register at the St. Peter Public Library  
 At registration, participants will receive their  
 choice of a free gift.

Call 934-7420 for more information or to  
 register for the kick off.

## Annual Magazine Withdrawal!

Thursday, January 13, 2005 10 am – 8 pm  
 Friday, January 14, 2005 10 am – 5 pm  
 Saturday, January 15, 2005 9 am – Noon

The St. Peter Public Library will be withdrawing  
 all adult and children's magazine titles from the  
 year 2001 and offering them free to the public  
 on a first come, first serve basis during the  
 hours and dates listed above.

Sylvia Perron, Coordinator 934-7434 *Office Hours: Mon-Fri, 1:30-4:30 pm*

## BIRTHDAY PARTY!

Celebrate birthdays with monthly parties at the Senior Center. Free lunch on your birthday month. Watch the monthly calendar for dates. \$4.00 fee. Call us at 934-0667 or 934-7434 for your reservation.



## SENIOR FOOT CARE

Linda will provide experienced foot care and massages. \$20 for a 20 minute session. Call 934-0667 for an appointment. Dates: 1/4, 1/18, 2/1, 2/15, 3/1, 3/15, 4/5, 4/19, 5/3, 5/17. Held in Traverse Des Sioux Room, lower level of the community center.

## LUNCH & BINGO

*1/5, 2/2, 3/2, 4/6, 5/4 at 12:30 pm*

Enjoy soup and sandwich, followed by bingo. Cost for lunch & one card is \$4.00. We play 10 – 12 games. Extra cards can be purchased for \$1.00/card. Must pre-register by the Monday before. Call 934-0667 or 934-7434.

## BINGO only– 1:00 pm

Just bingo – no frills. \$1.00 per card includes 10 – 12 games. No registration required.

## MASSAGE

*1<sup>st</sup> & 3<sup>d</sup> Tuesday & 4<sup>th</sup> Wednesday*

Treat yourself to a 15 minute "chair" massage on your back, shoulders, neck, head and arms. Fee of \$12. By appointment only. Call 934-0667.

## CONTINENTAL BREAKFAST

*Tuesdays, 1/25, 2/22, 3/22, 4/26, 5/24 at 9:00 am*

Watch the Newsletter for topics. Speakers, mystery trips, entertainment and more!

## HEALTH INSURANCE COUNSELING

*Fourth Monday of each month*

A health insurance counselor from Region 9 will be at the Senior Center on the fourth Monday of each month at 2:30 pm. Information/assistance on medicare & insurance questions. Appointment not needed. Free! 1/24, 2/28, 3/28, 4/25, 5/23.

## BRIDGE

*Tuesdays – 1:30 pm*

Bring your own foursome and come and play!

## PFEFFER

Every Friday at 1:30 pm.  
Everyone is welcome!



## MEN'S CARDS

Every Thursday at 1:00 pm.  
Everyone welcome!

## NAPS

### Nutrition Assistance Program for Seniors

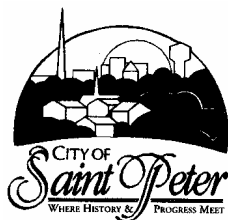
NAPS is a free food program for seniors 60 years or older who meet federal income guidelines. Call to pre-qualify for the program. 1-800-365-0270, ext. 146. NAPS will be distributed at the Senior Center on the fourth Monday of each month from 3:00 – 4:00 pm. 1/24, 2/28, 3/28, 4/25, 5/23.

## MONDAY MOVIE AND POPCORN

Enjoy a 1:00 pm matinee at the community center. Fresh popcorn. St. Peter Senior Center. Dates: 1/10, 2/14, 3/14, 4/11, 5/9

## SENIOR COMPUTER CONNECTION

You're at the computer and thinking..."I could use some extra help." Reserve a computer at the St. Peter Public Library from 9:00 – 10:00 am on Tuesday and Wednesday mornings. An assistant will be available to help. You must call ahead to sign up – 934-7420.



St. Peter Public Access Cable Television now has production facilities located in the St. Peter Community Center, Room #127. Portable equipment is located at both City Hall and St. Peter Community Center. If you are interested in producing, volunteering or working in this very exciting area with modern and advanced equipment, contact the Public Access Coordinator at 934-0669 or e-mail SPPA at [sppa@saintpetermn.gov](mailto:sppa@saintpetermn.gov).

## SPPA at City Hall, 227 S. Front Street 934-0669

- SPPA Coordinator's office
- Programming for Channel 7 (over 100 hours per week of scheduled programs!)
- Location of Channel 8 — the "Community Bulletin Board"

## New Production Studio Location!! St. Peter Community Center, Room 127 934-0667, Ext. 438

- Production facility with studio
- Editing suite
- Information available about becoming a SPPA member!

## Community Bulletin Board — Channel 8

Local non-profits can display various announcements regarding area news or events to inform the public (at no cost). You can submit your announcements by any of the following ways:

E-mail: [sppa@saintpetermn.gov](mailto:sppa@saintpetermn.gov)

Fax: 507-934-4917

Mail: 227 South Front Street, St. Peter, MN 56082

## LOCAL REGULARLY SCHEDULED PROGRAM SCHEDULE

### Monday

5:00 pm Trinity Lutheran  
6:00 pm First Lutheran  
7:00 pm Church of St. Peter  
8:00 pm Evangelical Lutheran

### Tuesday

8:00 am First Lutheran  
9:00 am Church of St. Peter  
10:00 am Evangelical Lutheran  
5:30 pm Storytime with Joni  
6:00 pm City Council Meetings  
8:00 pm SPPA Connections

### Wednesday

7:30 am Storytime with Joni  
8:00 am City Council Meeting  
10:00 am SPPA Connections  
12:00 pm Storytime with Joni  
12:30 pm City Council  
5:00 pm Yoga with Mona  
6:00 pm Storytime with Joni  
6:30 pm State of the City  
7:00 pm Know Your Community  
7:30 pm Kiwanis Highlights

### Thursday

6:00 am Yoga with Mona  
7:00 am Storytime with Joni  
7:30 am State of the City  
8:00 am Know Your Community  
8:30 am Kiwanis Highlights  
4:30 pm Storytime with Joni  
5:00 pm Yoga with Mona  
6:00 pm Rec Review  
6:30 pm St. Peter School Board

### Friday

5:00 pm Yoga with Mona  
6:00 pm Storytime with Joni

### Saturday

5:00 am Yoga with Mona  
6:00 am Storytime with Joni  
5:00 pm Yoga with Mona  
6:00 pm Storytime with Joni

### Sunday

5:00 am Yoga with Mona  
6:00 am Storytime with Joni  
9:30 am Trinity Lutheran Church  
5:00 pm Yoga with Mona